

The monthly newsletter of St. Andrew's Episcopal Church  
Connecting us in community and in Christ

"Follow me and I will make you  
fish for people." – Mark 1:17

April 2025

## Prayer, the Breath of our Spiritual Life

Don't forget to breathe!

Have you ever been doing something physical and someone told you that? It always makes me chuckle a bit. How could we forget to breathe? Doesn't our body just do it naturally without us thinking about it? Well, sort of. As we bend over to pick something up or reach to grab ahold of something, we often unconsciously hold our breath. The effect on us is to hold onto tension, to tense our muscles when we should try to relax them. Our bodies are strange things. Take sleep apnea. We can actually stop breathing while we sleep! How does a species survive if they are prone to just stop breathing? Of course, our bodies take over at some point and we start breathing again. But it wakes us up, at least a little bit, and that disturbs our rest with all kinds of negative consequences. If you know someone who sleeps with a CPAP machine, it is remarkable that they prefer to sleep with such a loud, uncomfortable, and restrictive device rather than suffer the consequences of apnea. Turns out, breathing is pretty important.

Yoga and other forms of meditative movement have us focus on our breath. Inhale as you move one way; exhale as you move the other. This attention to breathing accomplishes two things. It ensures that we are not holding our breath but keeping the flow of oxygen constant. It also helps us to anchor our thoughts and attention in our physical bodies. That kind of grounding is powerful. It promotes relaxation, but it also opens our minds. We experience less distraction in our thoughts and feelings, things that can create tension physically and mentally. This is the phenomenon that the Lamaze technique of natural childbirth exploits. Focusing on your breath keeps you in the present moment. It prevents you from borrowing anxiety from the future, which is what worry is. It is a very effective technique. If only there was some part of the Christian tradition that utilized this power of breath.

Well, there is. Sometimes called *Breathing Prayer*, it is most commonly known as Centering Prayer. This isn't some new, or new age, kind of prayer. It is based on ancient contemplative practices. I will try to summarize it here. You sit in a comfortable, relaxed position and begin simply by focusing on your breath. Not trying to control your breath but paying attention to it. With each breath you utter in your mind a short word or phrase, usually from Scripture or other holy source. This word or phrase, for example, *Maranatha*, keeps the mind focused and opens one's heart to God's presence. This is not a prayer of words, as in us talking to God. It is rather a practice of the presence of God, a contemplative practice.

In both Hebrew and Greek, the languages of the Old and New Testaments, the word for breath also means spirit—*ruach*, in Hebrew, and *pneuma* in Greek. This linguistic coincidence makes the association in our consciousness between the air we breathe and our spiritual life. If prayer is the breath of spiritual life, then it should be as integral to our existence as breathing. Lent is a good time of year to work on one's spiritual practices or prayer life. Whether we undertake Centering Prayer or some other discipline, we strive for our prayer to be as natural and automatic as inhaling and exhaling, something we do all day, every day. Through these disciplines we seek to fulfill St. Paul's ideal to "pray without ceasing." (1 Thess. 5:17) In order to accomplish this, we need to remember, and from time to time be reminded, "Don't forget to breathe!"

Fr. Jeff +



**BIG NEWS** from Episcopal at Penn State!

We are grateful to have received a Shaped By Faith grant to support the Choral Scholars next year. Here is the announcement, which just went out last week:



## Announcing auditions for the 2025-2026 Choral Scholars of Episcopal at Penn State

**Students selected will receive a \$3000 scholarship for the 2025-2026 academic year.**

Choral Scholars is an 8-voice ensemble and part of the campus ministry of Episcopal at Penn State.

It provides weekly liturgical support for worship at local Episcopal congregations and leads a monthly service of Sung Compline on campus.

Auditions will take place on  
Monday, April 7 and Tuesday, April 8 beginning at 8pm.

Please scan the QR code to register to audition, and please reach out to Ted Christopher (euc11@psu.edu) with any questions.

And, if you would like to hear this year's Choral Scholars, they will be offering a service of Tenebrae on Wednesday, April 16, of Holy Week, at St. Andrew's at 7 p.m.

**MORE BIG NEWS!**

We will have a Confirmation Service at St. Andrew's on Friday, May 9 at 4:30 p.m. A few of the leaders from Episcopal at Penn State, along with me and Kelley Paulsen, have been leading a Confirmation Class this year, for young people from St. Andrew's as well as St. John's Bellefonte AND St. John's Huntingdon. Please come on May 9 at 4:30 pm and support these young people take this important step in their faith journeys!

Ted+



### Confirmations at St. Andrew's

Friday, May 9  
4:30 p.m.

Our bishop, the Rt. Rev. Audrey C. Scanlan, will visit St. Andrew's on Friday, May 9, to celebrate a Holy Eucharist with Confirmations, Receptions, and Reaffirmations. The confirmands will include youth from St. Andrew's as well as St. John's Huntingdon and St. John's, Bellefonte who have been attending a class led by Fr. Ted and adults who have participated in a class at St. Andrew's with Fr. Jeff. There will be a potluck meal following the service. It will be a great opportunity to welcome the new members of the church, our bishop, and visitors from other parishes in our diocese. Everyone is welcome and encouraged to attend.



### Evensong

Sunday, April 6  
5 p.m. in the church  
6 p.m. reception in Room 325



On Sunday, April 6, the Adult Choir will present a service of choral evensong. Music will include the evening canticles by Michael Praetorius, Prayers and Responses by Richard Shephard, and the anthems ABIDE WITH ME by Malcolm Archer, and TEACH ME, O LORD by William Fox. The Rev. Jeffrey Packard will be the officiant. Organist Gwen Catchen will play music by Johann Pachelbel and John Eggert.

Prior to the Reformation, prayer in the early evening or late afternoon was known as the Office of Vespers, one of the eight Canonical Hours of the divine office of the Western church. However, in 1549, the Book of Common Prayer was adopted in the context of the English Reformation. Bishop Thomas Cranmer established the office of Evensong using elements taken from both Vespers and Compline, generally to be conducted in the English language, as was the case with the entire liturgy. Old English speakers translated the Latin word *vesperas* as *æfensang*, which became 'evensong' in modern English.

After a series of slight modifications, the office of Evensong took its modern form in the 1662 Book of Common Prayer of the Church of England, a form that is followed very closely throughout the whole of the Anglican and Episcopal Church throughout the world. This is the form used at St. Andrew's.

Evensong, like all forms of liturgical worship, has elements of drama and ritual that nourish the spiritual life of all of us. It is based entirely on elements of Holy Scripture, and it is scripted according to a long history, originating in Judaic and early Christian evening worship. Evensong is traditionally mostly sung by a choir, with the full congregation participating throughout in thoughtful prayer, allowing the music to touch us and to draw us closer to the presence of God.

A reception will follow in Room 325. **The next evensong** will be May 4, at 5 p.m. Music by women composers will be featured.



## TREASURER'S REPORT, Julie Kwasnica, Treasurer



### February 2025

	February	Year-to-Date	% of Budget	2025 BUDGET
Parishioner Contributions *	\$ 45,822	\$ 125,063	28%	\$ 443,000
Total Operating Income	\$ 47,841	\$ 135,357	27%	\$ 496,600
Total Operating Expense	\$ 47,455	\$ 99,995	17%	\$ 580,022
Surplus (Deficit)	\$ 386	\$ 35,362		

\*Includes pledges, plate offerings, and special holiday offerings.

## VESTRY UPDATE, Beth Jones, Clerk of the Vestry



### March 2025

The vestry met on March 11, 2025. Fr. Jeff reviewed a request by a member of Agudath Achim, a synagogue located in Huntingdon. Most of the members live in State College and they would like to use Room 325 once a month for their worship service. The vestry has no objections to this.

With the reunification of our diocese with the Diocese of Bethlehem, it has been suggested that parishes partner with a parish in the other diocese to build relations as we go through this year of transition. Vestry gave full support to engage in a Sibling Parish Relationship with an expressed preference for a college town parish, if possible.

A draft of proposed revisions to parish bylaws will be distributed soon. This will be for discussion and action at a later meeting.

The next vestry meeting will be on April 8 at 7:00 p.m. in Room 325. All are welcome.

## CHILDREN AND YOUTH

### NEWS FROM OUR CHILDREN'S PROGRAMS:

#### Easter Candy Donations

Deadline for drop off Sunday, April 13

Our Children's Church School classes would appreciate donations of individually wrapped Easter Candy for our annual Easter Sunday egg hunt on the front lawn. To allow time for stuffing the plastic eggs, we need to receive your donations by April 13. You can drop them off in the church office during the week or in the Godly Play classroom on Sundays. Please contact Sarah Skvarla if you have any questions.





## Easter Egg Hunt

Easter Sunday, April 20

Following the 9:30 a.m. service on the front lawn

We are preparing a special Easter Egg Hunt for all of our children on Easter Sunday. After the 9:30 service, we will gather on the front lawn. When all the children are assembled, the hunt will begin with a head start for the youngest followed by the older children. You may bring your own basket, or we will have some available.

Rain or Shine - We will have a wonderful time!



## LENT AT ST. ANDREW'S

### Taizé Prayer

Wednesdays in Lent \*

April 2, April 9

5:15 p.m. in the church

Taizé is a candle-lit, meditative service of music, silence, brief readings, and prayer lasting approximately 35 minutes. It is coordinated by the Daughters of the King and the music is led by Steve and Lisa Hopkins. Taizé is usually offered at St. Andrew's during Advent and Lent.



### Lenten Supper and Program

Wednesdays in Lent \*

April 2, April 9

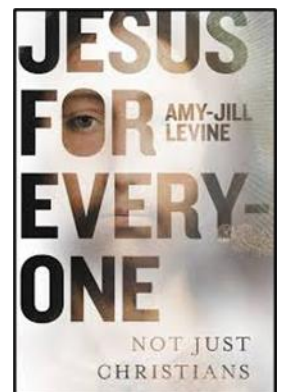
Canterbury Hall

6 p.m. Dinner (Provided by St. Andrew's; suggested donation \$10)

6:45 p.m. Program

The Lenten program will run on Wednesday evenings during lent, beginning after Spring Break. It will start with dinner (provided) at 6:00. There is no charge for dinner, but there will be a donation jar to help offset the expense. Once again, the good folks at Webster's Bookstore Café will feed us. Then the program will run from 6:45 to 8:00.

Below are the dates and topics.





### ***Jesus for Everyone***

Jesus has a lot to say about politics, ethnicity and race, economics, and family values. Amy-Jill Levine, in her book *Jesus for Everyone: Not Just Christians*, explores just a few episodes from the Gospels for each of these topics. She tries to dispel long held anti-Jewish interpretations and gives us a strong historical perspective, then she delves into what Jesus said and did. Don't read this book for answers; it will leave you with more questions. We will take our lead from her and discuss these chapters in our Lenten program. You can read the book or not. It is not a prerequisite, but it may give you more information than we can cover in each session. The Rev. Kevin Barron is partnering with Fr. Jeff in presenting these topics.

March 19 "Politics"

March 26 "Ethnicity and Race"

April 2 "Economics"

April 9 "Family Values"

### **Stations of the Cross**

Fridays in Lent

April 4, April 11

In person, in the Nave

On YouTube (recorded)

<https://youtu.be/6plHoQ95Q6U>

5:15 p.m.

Anytime

(ctrl + click on link or photo)



### **Palm Folding**

Saturday, April 12

10:00 a.m. in Room 325

Anyone in the congregation ages 9 to 101+ is invited to come fold Palms into crosses to distribute on Palm Sunday. We will meet in Room 325 from 10 a.m. until noon (unless we finish earlier). Snacks will be provided, and we will have instructions for folding. No prior experience needed.



## **PALM SUNDAY, HOLY WEEK, AND EASTER AT ST. ANDREW'S**

### **Palm Sunday Procession**

Sunday, April 13

10 a.m., Corner of Foster and Fraser

At the 10 a.m. service on Palm Sunday, we invite those who are willing and able to begin our worship with a procession from the corner of Fraser Street and Foster Avenue into the church. Please gather at the corner when you arrive before 10 a.m. or proceed directly to the church if you prefer.





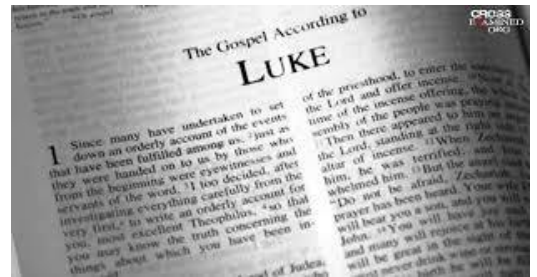
## Corporate Reading of the Gospel According to Luke

Monday, April 14

7 p.m. in the church

Sign up to read at  
[bit.ly/LukeGospel2025](http://bit.ly/LukeGospel2025)

Most of us read along with the gospel readings on Sunday mornings. Some of us might undertake the Lenten discipline of reading sections of the Bible or even tackle the Old or New Testament. The truly ambitious might read the Bible from cover to cover. But did you know that the Bible is a collection of stories that were originally passed down in an oral tradition? The answer may be yes, and it just as well might be no.



Join us on Monday in Holy Week, for a corporate reading and experience the Gospel According to Luke in the oral tradition. Challenge yourself to listen to the story from beginning to end.

The corporate gospel reading is a group activity so please sign up to be a reader. We will divide the gospel into segments and hope to get as many as 15 or 20 people to participate. We promise this experience will change how you hear the gospel.

## Tenebrae

Wednesday, April 16

7 p.m. in the church

The name Tenebrae is the Latin word for "darkness" or "shadows." This service is marked by a reading from the book of Lamentations and the gradual extinguishing of candles and other lights until a single candle, considered a symbol of the Lord, remains. Towards the end of the service, this candle is hidden, typifying the apparent victory of the forces of evil. At the very end, a loud noise is made, symbolizing the earthquake at the time of the resurrection (Matthew 28:2), the hidden candle is restored to its place and by its light all depart in silence. Our service of Tenebrae will be led by the Rev. Ted Christopher with the Choral Scholars.



## Maundy Thursday Watch of the Passion

Thursday, April 17

8 p.m. to midnight and 6 a.m. to 8 a.m. in the church

Sign up to watch in person at  
[bit.ly/SacredWatch2025](http://bit.ly/SacredWatch2025)



In response to Jesus' question to Peter, "What, could ye not watch with me one hour?" we will keep watch in prayer and meditation at the Altar of Repose (the Side Altar) from the end of the Maundy Thursday Liturgy until 12 a.m. If you would like to participate, sign up online at the link above or by calling the church office, 814-237-7659. This allows us to know when people are in the building overnight.

Any number of people may be in the church at the same time, and you are welcome to participate even if you do not sign up.

## Ecumenical Stations of the Cross

Friday, April 18

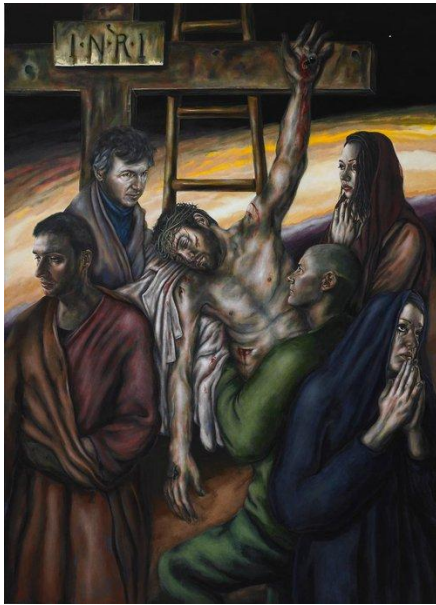
1 p.m. at Grace Lutheran Church

Last year on Good Friday we joined with our friends from Grace Lutheran Church for an ecumenical, musical Stations of the Cross here at St. Andrew's. The service featured the choirs from both churches and was attended by over 100 people.



This year, Grace Lutheran will host the ecumenical Stations of the Cross. Grace does not have a tradition of this service and has taken that opportunity to approach the planning with freedom and creativity. We will use a special liturgy from the Scottish island of Iona. In preparation, Grace has gathered 14 paintings by English artist Chris Gollon who was commissioned in 2000 by the Church of England to paint them for the Church of St. John in East London. Gollon used friends and family members as inspiration for the people in the painting including his son as the model for Jesus. Gollon died in 2017, but Grace received permission from his estate to reproduce the paintings for this worship service. State College Framing Company reproduced high resolution images of the artwork on canvas and framed them in a distressed wood style. Pastor Shul describes them as “edgy and provocative.”

The liturgy and artwork will be accompanied by choral anthems from members of Laurel Sanders’ ecumenical choir and from St. Andrew’s choir. “It will be an unforgettable afternoon marking a day that quite literally changed the world and, indeed, all of eternity.”



### Good Friday Film: *The Last Temptation of Christ* (1988)

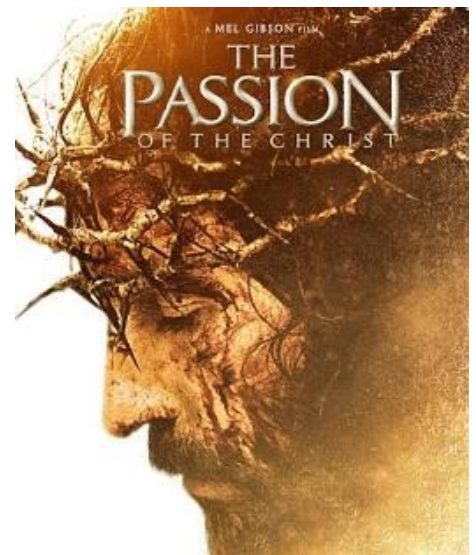
Friday, April 18

Following the Good Friday liturgy (approx. 8:15 p.m.)  
In Canterbury Hall

Rated: R  
2h 44m

Directed by Martin Scorsese and based on a book by Nikos Kazantzakis, the film stars Willem Dafoe the carpenter, Jesus of Nazareth. Tormented by the temptations of demons, the guilt of making crosses for the Romans, pity for men and the world, and the constant call of God, Jesus sets out to find what God wills for Him. But as His mission nears fulfillment, He must face the greatest temptation; the normal life of a good man. Based, not on the Gospels, but on Nikos Kazantzakis' novel of the same name.

Admission is free, and all are welcome.







Deadline: Monday, April 14  
[Online donation form](https://onrealm.org/StAndrewsC/give/HolidayFlowers)  
[bit.ly/Easter2025Flowers](https://onrealm.org/StAndrewsC/give/HolidayFlowers)

Donations for palms and Easter flowers are being accepted now. Please complete the online form using the link above or fill out a paper form available in the church office during the week or narthex on Sunday. Return it to the parish office with your check made payable to St. Andrew's. You may designate your gift as a memorial or thanksgiving offering by completing the information on the form. The dedications will be printed in the Easter bulletins.

If you prefer to make your payment online, please use this link:

<https://onrealm.org/StAndrewsC/give/HolidayFlowers>

All forms, online and paper, must be submitted **by Monday, April 14**. (it is okay to submit payment separately and after April 14 if necessary.)

## Easter Vigil Reception

Saturday, April 19

Canterbury Hall following the service

The Easter Vigil is **Saturday, April 19**, from 7 to approximately 9:30 p.m. St. Andrew's will host its annual **reception**, a wonderful celebratory occasion with yummy food and festive décor, immediately following.



Help is needed with decorating, setting up, helping during the reception, cleaning up, and donating yummy food! Everyone in the parish is invited to contribute. Please **click on the rabbit** or use the link below for details and to indicate what you would like to do or bring. Your help is very much appreciated.

Link to signup form:

<https://www.signupgenius.com/go/10C0D4BA8A72DAAF8C43-48562498-easter#/>

Thank you,

Darlene Nordoff. Parish Life chair

## UPCOMING

### Friday Films

Friday, April 25

7 p.m., Canterbury Hall

(snacks begin at 6:30 p.m.)

### *The Shawshank Redemption* (1994)

Rated: R

2h 22m



**Fear can hold you prisoner. Hope can set you free.**

Based on a Stephen King novella, *Rita Hayworth*, this prison drama stars Tim Robbins and Morgan Freeman. The film tells the story of Andy Dufresne, a banker who spends 19 years in Shawshank State Prison for the murder of his wife and her lover despite his claims of innocence. During his time at the prison, he befriends a fellow inmate, Ellis Boyd "Red" Redding, and finds himself protected by the guards after the warden begins using him in his money laundering operation. We will gather at 6:30 for snacks and the film will begin at 7 p.m. There will be a discussion afterwards for those who wish to stay. The film is free, and all are welcome.



## St. Andrew's 2025 Poetry Contest

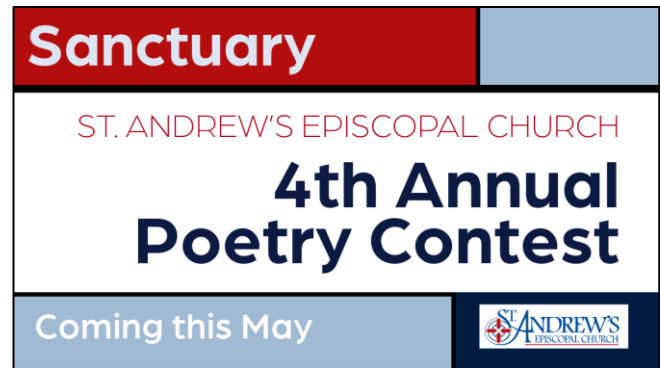
### Open for submissions

May 1 – July 15, 2025

### Poetry Reading

Saturday, September 20

2 p.m. at St. Andrew's



This year we are asking you to consider the concept of “Sanctuary” and share those thoughts with us in a poem. An official call for submissions will be released soon including more details. As in the past, we will be awarding First and Second Prizes of \$250 and \$100 and a special \$50 prize. We will publish winning and other selected poems in a contest anthology and invite the poets to participate in a poetry reading this fall on Saturday, September 20, at St. Andrew's.

If you are interested in sponsoring the contest or one of the prizes, please contact Fr. Jeff or Allison Shea at [office@standrewsc.org](mailto:office@standrewsc.org).

Previous contest anthologies can be purchased online at Amazon.com. Copies of *Caring for Creation* are also available in the church office.

## OUTREACH

### St. Andrew's Yarn Ministry and Centre County Knitter's Guild

Saturday, April 5

9 a.m. – 9 p.m.

Room 325

Members of the St. Andrew's Yarn Ministry and the Centre County Knitter's Guild will be fighting food insecurity with their knitting needles all day, 9 a.m. to 9 p.m., on Saturday, April 5, to raise money as part of the **Knit For Food Knit-a-Thon**. All money raised will be evenly split between No Kid Hungry, Meals on Wheels, World Central Kitchen, and Feeding America. Nationwide, the knitters of this fundraiser have earned over \$1.25 million to fight hunger in the US over the past 4 years!



If you would like to add to this effort in 2025, you can do so by going to this link:

<https://givebutter.com/knitforfood25>

then

- Click the donate button at the top
- From the pull down menu select Centre County Knitters
- Then select one of our knitters

You are also invited to stop by room 325 on April 5 to cheer us on!



YOU ARE INVITED TO "NOT ATTEND"

## The 6th Annual April Fool's Day Gala

on Tuesday, April 1, 2025

We request the honor of your absence at our "no show" gala. There will be no dinner, no dancing, and definitely no karaoke.



You can help support the work of Interfaith Human Services, no tux or formal gown required.

Donations for the Gala will continue to be accepted at the link below after April 1. Make yours today. No tux or formal gown required.

**MAKE YOUR DONATION** at this link:

[https://www.paypal.com/donate/?hosted\\_button\\_id=M8YUE6LH6YTVJ](https://www.paypal.com/donate/?hosted_button_id=M8YUE6LH6YTVJ)

## IN THE DIOCESE



To continue reading, go to:

<https://diocesecpa.org/leadership-news/reflecting-on-the-spring-house-of-bishops-meeting-a-pastoral-letter-from-bishop-scanlan/>

Dear Members of the Episcopal Church in Central Pennsylvania,

Greetings from Camp McDowell in the Diocese of Alabama where we are finishing up our spring 2025 House of Bishops meeting. Later today I will fly home, and I am looking forward to being back among you to continue our work in the mission of God. The time here has been informative, restorative, and engaging. I always leave these meetings inspired to be the best bishop that I can be for our diocese.

In this letter I want to offer some thoughts on three questions: 1) What is the purpose of the House of Bishops meeting? 2) What did we actually do for the last 7 days? 3) What Good Word might I offer our diocese as a result of this time away?



### Poetry Workshop

May 15-19

Anawim Ministries (Bethany Retreat Center) in Frenchville, PA

Retreat starts Thursday with Dinner at 5:30 and ends Sunday morning



### “To Everything There Is a Season: A Poetry Retreat Informed by Ecclesiastes” presented by Marjorie Maddox

For this contemplative poetry retreat, we’ll use Ecclesiastes 3:1–8—as well as the Pete Seeger folk song inspired by it—to address, question, and respond to timely topics. We’ll “Turn! Turn! Turn!” from odes to laments, love poems to war poems, aubades to elegies, and meditations to protests. Following Ecclesiastes, we find “To everything there is a season”: This is your time to write, rest, and interact.

NOTE: Friend of St. Andrew’s, Marjorie Maddox, has published 17 collections of poetry. She has been involved in our St. Andrew’s poetry contest as a prize-winning poet, host of our poetry reading, and contributor to our contest anthologies. She is the host of WPSU’s Poetry Moment. This is her fourth retreat for Bethany Retreat Center

**For more information about the retreat:** <https://www.wetravel.com/trips/poetry-retreat-anawim-ministries-bethany-retreat-center-73222420>

**For more information about Marjorie Maddox:** [marjoriemaddox.com](http://marjoriemaddox.com)

**NOTE:** St. Andrew’s Anthony and Carolee Grillo will be sing as part of the Lenten Ecumenical Choir at this event. Come see them here in State College before they take the show on the road in May to perform at Carnegie Hall!

## JOIN US

for a Lenten Musical Meditation:  
"Christ Has No Body But Yours"

featuring Michael John Trotta's

### REQUIEM

sung by an ecumenical choir and accompanied by a chamber orchestra,  
with additional selections from The Bells of Grace.

**Wednesday, April 9, 2025 at 7 p.m.**

preceded by:

Community dinner @ 5:00 p.m.

Prelude music @ 6:30 p.m.

At



**Grace Lutheran Church**

205 South Garner Street, State College, PA, 16801

Event is expected to last one hour.  
A freewill collection helps defray event costs.

Join us on our journey to the cross.  
Experience the promise of rebirth.



## GROUPS, MINISTRIES, & COMMITTEES

*This is not a comprehensive listing; regularly scheduled meetings and events are included only if they submitted an item for publication. For complete and updated listings, please check your Sunday bulletin or weekly email.*

### KNITTING MINISTRY

Sunday, April 13, 11:15 a.m.  
Room 324

Knitting Ministry will meet on Sunday, April 13 (following the 10 a.m. service.) Join us in Room 324 or settle down with your needles and yarn in front of your computer camera and log on!

For more information or a Zoom link contact Anne Hoag, [anne.hoag@gmail.com](mailto:anne.hoag@gmail.com)

### COMPASSIONATE LIFE

Tuesday, April 3 and April 17  
9:30 a.m. in Room 325

Women of St. Andrew's are invited to join Compassionate Life the first and third Thursday each month, except the summer months, for conversation and coffee, prayer, compassion in action, and community. We meet in Room 325 at 9:30 a.m.

We often use a book as our springboard for reflection and discussion. In March we reviewed the Help section of Anne Lamott's book Help Thanks Wow. On Thursday, April 3, we will continue our discussion of Anne Lamott's book by focusing on Thanks. Please feel free to join us even if you have not read the book.



On Thursday, April 17, we will meet at the Bellefonte Art Museum to view "A Letter from Korea," an exhibition of contemporary Korean Art. I'm thinking we'll find God there, too. Please RSVP to Darlene Nordoff to let her know if you plan to attend the tour; the museum would like a general idea of how many plan to attend.

If you have any questions about Compassionate Life or need transportation, please contact Laurel Zydney at [laurelzemail@gmail.com](mailto:laurelzemail@gmail.com) or Darlene Nordoff at [dnordoff737@gmail.com](mailto:dnordoff737@gmail.com). Hope to see as many of you as are able in April!

### BOOK GROUP

Tuesday, April 22  
7 p.m., Room 324

The Book Group will meet at in April to discuss *The Handmaid's Tale* by Margaret Atwood. Published in 1985, this dystopian novel is set in a near-future New England state, the Republic of Gilead, which has overthrown the US government. The narrator, Offred, is a "Handmaid," a woman who is forcibly assigned to produce children for the "Commanders," the ruling class in Gilead. The novel has won or been nominated for many prestigious awards. It has been adapted into a 1990 film, a 2000 opera, and a 2017 television series.



The Book Group is open to all and newcomers and guests are always welcome.

### PARISH LIFE

Tuesday, April 3 and April 17  
9:30 a.m. in Room 325

The Parish Life Committee supports various events in the church calendar year. Some are fun and celebratory; others are more serious and reflective. Committee members donate and prepare food; and decorate, set up, serve, and clean up for the events. Basically, each member serves in a type of stone soup ministry, where every contribution, large and small, contributes to the whole. Come join us, won't you? You'll be glad you did!

#### Contact Chairperson Darlene Nordoff

([dnordoff737@gmail.com](mailto:dnordoff737@gmail.com)) if you have questions or would like to join the Parish Life Committee.

**Contact Robin Bastress** ([bassandrobin@aol.com](mailto:bassandrobin@aol.com)) if you'd like to help with funeral receptions.

**Contact Scott Strouse**, ([scottallen1750@gmail.com](mailto:scottallen1750@gmail.com)) if you'd like to help with Coffee Hour after the 10 a.m. worship service.



# Holy Week at St. Andrew's



2025

## CROSS FOLDING

Saturday, April 12

10 a.m. Palm Cross folding in Room 325

## PALM SUNDAY

Sunday, April 13

8 a.m. Holy Eucharist: Rite I

10 a.m. Holy Eucharist: Rite II with procession from the corner of Fraser and Foster

5 p.m. Holy Eucharist: Rite II

## MONDAY IN HOLY WEEK

April 14

7 p.m. Corporate Reading of the Gospel According to Luke  
In the church

## WEDNESDAY IN HOLY WEEK

April 16

7 p.m. Tenebrae Service presented by Episcopal at Penn State  
In the church at St. Andrew's

## MAUNDY THURSDAY

April 17

7 p.m. Holy Eucharist  
Washing of Feet, and Stripping of Altar  
Sacred Watch at Gethsemane Garden Altar of Repose following  
until midnight (in the church, in person)

## GOOD FRIDAY


April 18

1 p.m. Ecumenical Stations of the Cross featuring  
the choirs of Grace Lutheran and St. Andrew's Episcopal churches, at  
Grace Lutheran

7 p.m. Liturgy of Good Friday

8 p.m. Good Friday Film: *The Last Temptation of Christ*  
Canterbury Hall





# Easter at St. Andrew's

## 2025

### **EASTER EVE**

April 19

7:00 p.m.      The Great Vigil of Easter – bring a bell to ring!  
Reception Following in Canterbury Hall

### **EASTER DAY**

April 20

8:00 a.m.      Festive Eucharist for Easter (no music)  
9:30 a.m.      Family Eucharist for Easter with Choir  
Egg Hunt following  
Nursery available  
11:15 a.m.      Festive Eucharist for Easter with Choir



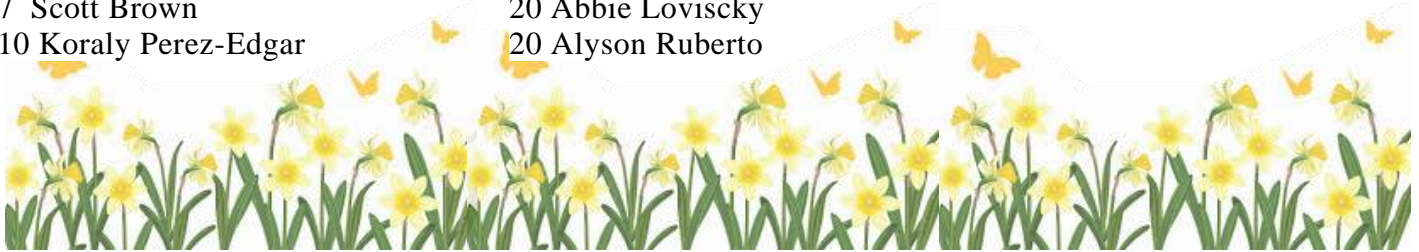


## APRIL BIRTHDAYS

1 Dexter Cozad  
2 Melissa Arnett  
3 Philip Jenkins  
4 Susan Evans  
5 Anna Kwasnica  
5 Eva Ellis  
5 Jamie Breuninger  
7 Scott Brown  
10 Koraly Perez-Edgar

13 Dee Vogelsong  
15 Pam Ferguson  
17 Chloe Krasnansky  
17 Elaine Brown  
17 Lily Jackson  
19 Marion Schwartz  
19 Jill Ascah  
20 Abbie Loviscky  
20 Alyson Ruberto

20 Janet Dargitz  
21 Deb Anderson  
25 Ray Hughes  
26 Judy Moore  
26 Mark Hoover  
27 Kevin Barron  
27 Madeleine Potts



**HAPPY BIRTHDAY!** If you have an April birthday and don't see your name listed, we probably do not have that information in our records. Please contact the office – we may be missing other information, too.

### Those for Whom We Pray

Sandy, Joe, Erica, Molly, Walter, Marion, Teri, Janet, Mavis, Mena, Mickey, Bob, Ann, Pam, Joan, Jordan, Ty, Isa, Ivonne, Zarah, Halo, Eugene, Kevin, Vicki, Diane, Sara, Emily, David, Frank, Robbie, Earl, Andy, Terry, Ed, Mary Lou, Elisabeth, Alexandra, Isaac, Wilhelmina, Fran, Earl, Michael, Bryan, Robert, Anne, Sharree, Celia, Amy, Valerie, Victor, Patricia, Brad, Vern, Judy, Dave, Ashley, Claudia, Kate, Linda, Crystal, Dixie, Bill, Ellen, Olivia, Amelia, Chris, Rhonda, Amy, Aran, Paula, Andrea, Joe, Carolee, Dunja

### SAINT ANDREW'S EPISCOPAL CHURCH

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